Know the Law
It is important to know and understand current traffic laws both in the state of California and within the local jurisdictions in which you will be riding. For instance, Culver City does not allow cyclists on the sidewalk in most areas, but Los Angeles does. When riding on the street, a cyclist must obey the same traffic laws as other vehicles.

- Riders under the age of 18 are required to wear a helmet
- Bicycles must be equipped with operational brakes
- Bikes must ride on the right side of the road, with the flow of traffic – do NOT ride against traffic
- Do not wear headphones or headsets when riding
- Do not use a cellphone while riding
- Do not carry packages that prohibit you from keeping at least one hand on the handlebars
- Use hand signals when turning

Know Your Hand Signals!

Right Turn

Left Turn  Stop

The Culver City Bicycle Coalition is a local chapter of the LACBC, a non-profit advocacy organization dedicated to improving the bicycling environment and quality of life in Los Angeles County.
Riding your bike in Culver City is more than great exercise, it’s an inexpensive way to commute and a wonderful family activity.

By following a few simple guidelines, cycling can be fun and safe for everyone.

**Bike Safe**
- Wear a bike helmet EVERY TIME YOU RIDE
- Your helmet should have a sticker that says it meets standards set by the Consumer Product Safety Commission (CPSC).
- Your helmet should fit you properly.
- Never wear a hat under your helmet.
- Your helmet should be worn level and cover your forehead. Make sure the straps are adjusted so they’re snug enough that you can’t pull or twist the helmet around on your head. Make sure they are fastened.
- Personalize your helmet with some of your favorite stickers. Reflective stickers are a great choice because they look cool and make you more visible to people driving cars.
- Your bike should have a proper set of reflectors: Front, back, pedals and wheels. Add lights if you’re riding at night.
- Be visible – Avoid blind spots of cars. Pay extra attention at intersections and driveways.
- Children under 10 should ride on the sidewalk.

**Bike Smart**
- Know and obey all traffic laws.
- Remember that pedestrians have the right of way. Use a bell or horn to alert pedestrians.
- Check that your bike is ready to ride. Keep your tires inflated, seat adjusted and make sure brakes and gears are operating correctly.
- Be prepared: Know your route and let someone know where you will be riding and when you expect to arrive and return.
- Carry a water bottle.
- Stay informed of bike laws.
- Use maps – printed and online.
- Carry a bike lock and remember to lock your bike.
- Carry a basic emergency kit with you: spare inner-tube and/or patch kit, bike pump, multi-tool and spare change.

The Culver City Bicycle Coalition is an all-volunteer organization that seeks to encourage cycling, educate cyclists and motorists for safer streets, and advocate to make Culver City more bike-friendly. For information on our family rides and other events, please visit our Web site: ccbike.org

**Always Wear a Helmet**
A head injury can mean brain injury. A helmet will provide some protection for your face, head, and brain in case you fall down. For riders under 18, wearing a helmet is not only smart, it’s the law.

**Children under 10...**
Riders under the age of 10 lack the maturity to make the decisions necessary for safe riding on streets. Young riders should always ride on the sidewalk.